

KCDS VIRTUAL SERVICES | STRENGTHS

CHOOSE BETWEEN TWO OPTIONS ... OR COMPLETE BOTH!



Watch a video

- Be introduced to the *concept* of strengths
- Take away two simple exercises
- Time commitment: **23 minutes**



Complete a questionnaire

- Discover *your* strengths
- Generate a report with your results
- Time commitment: **20-25 minutes**

Click on the icons above to
follow the links

